**Trainings Completed**

**1. Leading People and Teams Specialization by the University of Michigan Certification**

* **Duration:** 3 months
* **Taken on** Coursera
* **Key Learnings:**
  + Improved decision-making and problem-solving skills.
  + Techniques for effective team management and delegation.
  + Strategies to enhance workplace motivation and productivity.
  + New negotiation strategies.

**2. Harvard Business Review (HBR) Ascend**

* **Duration:** 3 days
* **Organized By:** HBR
* **Key Learnings:**
  + Targeted lessons on influencing, active listening, and messaging.
  + Practical examples from business scenarios.
  + Easy to integrate into daily routines.

**3. Diversity and Inclusion Training**

* **Duration:** 1 day
* **Organized By:** Anne Ross, DSI
* **Key Learnings:**
  + Understanding the importance of inclusivity in the workplace.
  + Strategies to recognize and address unconscious biases.
  + Building a more collaborative and respectful work environment.